



Solon Chabad Preschool Food and Allergy Policy

We would like to remind you that our preschool is a peanut free facility. However, we **DO** use products that are manufactured in a plant/bakery that processes/uses peanuts.

We ask for your help when packing lunches for your children. If your child prefers peanut butter, fortunately there are substitutes available which taste very similar, such as soy nut butter and sunflower seed butter. These items can be purchased at Trader Joes, Whole Foods Market, and sometimes Giant Eagle or Heinen's stores.

Any lunch you pack should include all 4 Food Groups. (This is a State of Ohio Licensing requirement.) Since our school observes Kashruth, we ask that you send a non-meat lunch. Meat & chicken can only be served through our lunch program.

Options for Dairy Lunches

Butter/Margarine	Egg Salad	Pasta
Buttered Noodles	Fruit	Pizza (no meat)
Cereal	Granola Bars	Soup (no meat)
Cereal Bars	Hummus	Soy Meat Products
Cheese	Jelly	Tuna Fish
Cottage Cheese	Lunchables (no meat)	Vegetables
Cream Cheese	Macaroni & Cheese	Yogurt

We realize this may be an adjustment for some of you that are new to our school and we thank you for your support and cooperation.